

**COOKING COMPETITION** – A battle of the traditional dish guru's. Come and see whose and which traditional dish carries the day, and learn a few tips while you're at it.

**ENTERTAINMENT:** Zambia's super star Roberto and the Amazing Xplosion Band will be gracing the festival with nothing but good sound and good music.

*Zambia's Super Star  
Roberto*



**INFORMATION DESKS** – Visit the collaborating Partners working on Seeds and Food Systems that make the festival possible and learn more about their advocacy work on reforms in the agriculture and food sector .Using the festival to amplify voices for change through public awareness of a production system that embraces agroecology, as well as of policy and legislative reforms.



Be part of the celebration of Zambia's 10th Youth and Food.

# ZAMBIA TRADITIONAL SEED AND FOOD FESTIVAL - 2021

*"Sustaining Traditional Food Systems for Nutrition in a COVID-19 World"*



16<sup>th</sup> October 2021

Nakatindi grounds, Lusaka Civic Centre

9:00hrs – 16:00hrs

Admission is **FREE!!**



# WHAT WE ARE

Food is at the heart of Zambia's diverse cultures spread across the Seventy-Two (72) Tribes. The Zambia Traditional seed and food festival celebrates food sovereignty and culture, motivated by the need to have responsive, effective and sustainable food systems. Recognising and supporting smallholders, particularly women, who produce diverse food for household and local market consumption. It seeks to reinvigorate efforts by local partners to support reforms in the agriculture and food sector by placing emphasis on farmers' rights, consumer rights and the health of soils.

This year (2021) the festival makes a call to the country to revisit and recognise its abilities to redefine its food systems in the advent of COVID-19



# WHY THE FESTIVAL

- To Celebrate farmers' knowledge and raise public awareness about the contribution that traditional seed and foods and their management systems make towards community cohesion, national food and nutrition security, and long-term public health and well-being - particularly in the light of the ongoing global COVID-19 pandemic
- Raise public awareness about sustainable production, marketing and consumption through the lens of Agroecology, and its central role in shaping Zambia's development capacity, attainment of the aligned SDGs as well as climate change adaptation and mitigation strategies
- Draw attention to critical and timely Zambian policy and legislative frameworks that influence the transition to a sustainable food system.

**FOOD CORNER:** A display of the local seed brought to life in form of nutritious dishes, from soups to snacks, traditional confectionaries to traditional drinks. All made and cooked from our local crop and seed



**ORGANIC CONNER:** Displays of organic food as sources of nutrition for healthy lives, organic cosmetics as well as information on organic agriculture as a remedy to soil, plant, animal and human health.



# WHAT TO EXPECT

**SEED CORNER:** A displays of different traditional seed varieties where small scale farmers showcase local crop varieties. A corner to visit to learn about the value of local seed and crops.



**KIDS CORNER:** A haven of games and fun activities that children can enjoy. From books to rides and whole lot of fun games.

